

1:30 -: One day or **day one**...the lead in to the new version of you. How to grow through to your next level is what this program is all about!

5:25 -: What's the one big thing that if you took action on it right now, would impact every other area of your life....? It's this type of concept that we are looking to expand on to add value to your personal and professional pursuits!

6:01 -: You can't go back and make a new beginning but you can start now and make a much better ending!

7:30 -: We let the outside influences affect our inside thinking & feelings so we are often working from the "outside in" rather than the **inside out**. HAVE. DO. BE. Vs. BE. DO. HAVE! Once I **HAVE** it then I will start to **DO** these things and then I will **BE** that person as opposed to who do you want to **BE** today and what do you need to **DO** to **HAVE** what you want to HAVE. Inside out to be the change you wish to see in the World.

10:45 -: Gratitude sets your mind to appreciation. Either change your environment or improve it

11:35 -: High Tech Vs High Touch. Tech enables us to connect with prospects, work colleagues, family, friends and loved ones but it's still going to be a belly to belly; heart to heart connection! \$7.6Billion being invested in the Prop-Tech space. Tech is the resource but the human interaction helps 'pull back the curtain' to the process. There's the stats but then there's the 'story' behind the stats!

16:35 -: Google can answer a question at the speed of a click but it's the quality of the question that leads to better answers! The main opportunity today is to raise your professional standards and be a resource because people still crave knowledge and expertise.

18:20 -: Loyalty is up for grabs". Information is the price of admission to success. This is the time when we are going to be tested but we can't lose sight of the need to have fun! This business isn't our lives it just funds our lifestyle. The most important thing in life is to know the most important thing.